The Buddha PBS documentary

This assignment will be recorded as a project mark as it is a thorough lesson on Buddhism. It is essential that you complete the questions as you watch the documentary.

1. What was the dream of Buddha’s mother before his birth?

2. Why does Buddha begin with suffering?

The Buddha
3. How many years after Buddha’s death were the first biographies of Buddha written?

Siddhartha –Part 1
4. Describe the early years of Siddhartha.

5. What was the dream of Siddhartha’s father for him?

6. What was revealed in Siddhartha’s four trips outside the palace?
   1.
   2.
   3.
   4.
7. What impact did seeing these four truths have on Siddhartha, what did he learn?

8. What does Siddhartha name his son? What does it mean?

9. In what ways did Mara tempt Siddhartha when he leaves the palace?

10. What is one of the hard truths- In order to gain anything you must lose everything. What did this mean to Siddhartha?

11. What is the manner of meditation in Hindu faith (Vedic rituals)? What is more important in this practice, the rituals or the Gods?

12. What was the only way to escape suffering?

13. What is reincarnation? How do these previous lives influence Siddhartha?

14. What was the purpose of yoga and meditation?

15. What is Asceticism? What is the purpose?

16. Spring planting festival—Explain compassion for Buddhism.
17. Siddhartha chooses life when he accepted the rice from the girl. How does this compare to Grace in Christianity?

18. What is the importance of the Bodhi Tree?

19. How did the Lord of Desire (Mara) attack Siddhartha at this place?

20. Siddhartha reached down and touched the ground and the earth shuttered. What does this mean?

21. What is nirvana? Awakening?

22. Is Buddhism about being special? Explain


24. How did Buddha explain suffering/dissatisfaction in humanity? Four Noble truths?
25. How do we overcome suffering?

26. Explain the noble eight-fold path. Textbook pg. 276

27. What is the importance of the Ganges River? What occurs there?

28. The Brahman priest lived and practiced the Hindu caste system from which Buddhism transcended. Why was this irrelevant to the Buddha? What was relevant to the Buddha?

29. What is the Buddhist Sangha? What is its role to the religion? What rituals support this community?

30. How did the Sangha transform the role of women and the caste system of Hindu culture?

31. What does mindful meditation lead one to?

32. What does Buddhism claim is the most important benefit of meditation?
33. Enlightenment-Nirvana- What do these terms mean in terms of the nature of the self?

34. What does compassion come from? Can it be accomplished if selfishness guides your life?

35. What is begging a sign of in Buddhism?

36. Is the burning with us good or bad? What are the three poisons? What are the opposites?

37. What is the importance of the miracles?

38. What is the result of violence? Was the Buddha politically involved?

39. Where does the Buddha say change will come from?
40. How did the Buddha die?

41. Can anyone be a Buddha? How?
42. Define:

Three Jewels

Four noble truths

Eightfold path

Dharma

Sangha

Mandalas

Reincarnation